



May to Aug 2018

## Mission Early Childhood Resource

Compiled by the Mission Early Childhood Development Committee  
[ecdccommittee@gmail.com](mailto:ecdccommittee@gmail.com) 604-854-0836, 7364 Horne St. Mission V2V 3Y7  
Like us on Facebook at "Mission BC Early Childhood"

### Free Activities and Programs for Children 0 to 6 Years

**Babytime Postpartum Drop-in and Breastfeeding Café** for Moms and babies 0 to 12 months on Tues 10am-12pm, except at Family Place, Room 125 at Mission Central Elem, 7466 Welton St. hosted by Mission Midwifery and guests. Casual drop in may occur throughout July and Aug. at coffee shops, for details stay connected on Facebook at <https://www.facebook.com/miss.BF.cafe/>.

**Breakfast with Dad:** Saturdays 9:30-11am, for those fathering children 0 to 6 to enjoy a breakfast, playtime and fun, at Family Place, Room 125 at Mission Central Elementary, 7466 Welton St. No session being held May 19 or in July/Aug. Restarting mid Sept. 2018. Connect with Mission Dads Facebook page for details <https://www.facebook.com/profile.php?id=100009892003051> **Dad Chat on Tues. nights** 7-9pm at Ecole Mission Central with Ben and Jordan. Conversation and refreshments provided.

**Family Place Programs:** Room 125 at Mission Central Elementary, 7466 Welton St. A family Resource Centre specifically for children 0 to 6 years and their caregivers. Provides a mix of structured and unstructured play and social activities. **May and June:** Drop-ins with crafts, play and snacks Mon., Thurs. and Fri. 8:30am-12pm., Mon. 1-3pm, Thurs. 12:30-2:30pm Treehouse Tues. 9-11am. **July and Aug.** Drop-ins with crafts, play and snacks Mon. and Fri. 9am-12pm and Mon. 1-3pm, Treehouse at the Park Tues. 9:30-11:30am at Fraser River Heritage Park rain or shine. Thurs. Playtime in the Park 9:30-11:30am, July 5, 19, Aug. 2 and 16 at Centennial Park and July 12, 26, Aug. 9 at Fraser River Heritage Park E-mail for info [sylvia.hopkins@missioncommunityservices.com](mailto:sylvia.hopkins@missioncommunityservices.com) 604-826-3323.

**Fun N Run:** a free child and parent/caregiver participation, indoor gym drop-in program that runs Tuesdays 11am-1pm with balls, mats, equipment, parachute games, songs and circle time to socialize. Located in the Leisure Centre gym, 7650 Grand St. 604-820-5350. Program finishes June 26th.

**Future 4 Nations Head Start Program:** a licensed free preschool program for Aboriginal children. Classes for 4 olds run Mon. – Thurs. 9:00am-12:30pm and classes for 3 year olds run Mon.- Wed. 1:30-3:30pm Sept. to June. Located at Pkw'xe:yles (St. Mary's), 34110 Lougheed Hwy, 604-820-4567. <http://www.ahsabc.com/index.php/ahs-in-bc/future-4-nations-ahs>  
<http://www.mqhs.ca/wp-content/uploads/2016/02/f4Nbrochure2.pdf>

**Mission Early Years Centre** located at Mission Central Elementary, 7466 Welton St. for families and young children, includes early learning at Family Place



MISSION

Family  
Place



and StrongStart. For more information call or text Laura at 604-854-0836, Facebook at "Mission BC Early Childhood" or [ecdcommittee@gmail.com](mailto:ecdcommittee@gmail.com)

**Mission Parks and Recreation: Discount swim** \$1 per child and \$2 per adult, Sundays 10am-12pm. **PLAY Program** provides free and low cost recreation opportunities for individuals and families on limited incomes that live in Mission. New summer pool pass for ages 6 to 12 for \$25. For forms and more information please contact 604-820-5350 or visit their website at [www.mission.ca/leisure](http://www.mission.ca/leisure) look under Community- Parks Recreation and Culture- Leisure Access Programs. Annual maintenance and pool closure Aug. 25 to Sept. 16  
7650 Grand St.

**Mission Public Library Programs:** 33247 2<sup>nd</sup> Ave 604-826-6610 [www.fvrl.bc.ca](http://www.fvrl.bc.ca)  
**Storytime Tuesdays**, May 1 - 29, 10:30-11 am enjoy stories, songs, rhymes, and more. **LEGO Club Tuesdays**, May 1 to June 26, 3pm -4:15pm Come play, create, and experiment. **Wiggle Time Wednesdays**, May 2 - 30, 10:30-11:30 am enjoy interactive rhymes, songs and stories and half an hour of play and social time. **Babytime Thursdays**, May 3- 31, 10:30-11:30 am Babytime is a fun, social bonding activity for babies AND caregivers. **Create with Keva Planks Fri.** May 18, 2-3:30 pm build a skyscraper or masterpiece. Supplies provided. **National Aboriginal Day Storytime Tues.** June 20, 10:30 am - 11 am an Aboriginal themed storytime with Aboriginal Family Place. **Summer Reading Club Kick off Sat.** June 23, 1-4pm games, refreshments, and fun. **Stories at the Spray Park Wednesdays**, July 4 to August 29, 10:30-11:30 am stories, rhymes, and fun. On sunny days we'll meet outside and on rainy day, we'll meet inside the Leisure Centre. **Pajama Storytime Mondays**, July 9, Aug 13, 6:45-7:15pm with stories, songs, rhymes, and more. Kids are encouraged to wear their pyjamas and bring their favorite stuffie. **Norden the Magician Wed.** July 11, 2pm Magician Norden for a show filled with amazing tricks, tons of gags, and lots of laughs. **Storyteller Shayna Jones Tues.** July 17, 2p-2:45 pm Experience the world through folk tales, wise words, and song **Fairy Garden Storytime Tues.** July 24, 1-2 pm Dress up like a wood sprite or a forest nymph and enjoy some enchanted fairytales at the Library. Bring your own container and make your very own fairy garden. All other supplies provided. Registration required. Ages 3-12. **Greater Vancouver Zoo Tues.** July 31, 11-11:45 am Join the Greater Vancouver Zoo to explore how animals move and groove. Meet some animal ambassadors and hear their stories. **It's a Motion Commotion! Sat.** August 11, 2-3pm Master Puppeteer and Storyteller, Elspeth Bowers will perform an Action-Packed program of stories, songs, and a puppet show. **Ginalina Tuesday**, Aug 14, 11-11:45 am Gina is a Juno-nominated children's singer-songwriter who writes rollicking, roaring, and ridiculously catchy songs for the whole family to sing together. **Summer Reading Club Medal Ceremony Thurs.** Aug 30, 6:30 pm Readers who have completed their summer reading program will receive a medal.

**Ready Set Learn and Welcome to Kindergarten events:** Call your school for confirmation of dates, times and details. May 3, 5-6pm at **ES Richards** 33419 Cherry Ave.; May 9, 5-7pm at **Dewdney**, 37151 Hawkins Pickle Rd.; May 10, 9-10:30am Silverdale, 29715 Donatelli Ave.; May 15, 8:45am Christine Morrison, 32611 McRae Ave.; May 30 5-7pm **Windebank**, 33570 11<sup>th</sup> Ave.

**Welcome to K** May 25 Christine Morrison 1-2pm; May 30 Cherry Hill 12:30-2pm; June 1 Windebank 8:45-10:15am and Ecole Mission Central 1-2pm; June 4 Silverdale 9-10:30 and ES Richards 1-2:15pm; June 7 West Heights 1-2pm; June 8 Deroche 9-10:30 and Dewdney 12-45-2pm





 StrongStart


 MISSION

**Rec on Tour:** 5-7pm with games crafts and more led by Parks, Recreation and Culture staff! **July 3** at Fraser River Heritage Park; **July 10** at Kinsmen West, **July 17** at Centennial Park, **July 24** at Lighburn Park, **July 31** at Fraser River Heritage Park; **Aug 7** at Kinsmen West, **Aug 14** at Centennial Park, **Aug 21** at Lighburn Park,

**Sq'eq'ipawtxw- a place to gather (Aboriginal Family Place):** Please note new location at Pekw'xe:yles (St. Mary's), 34110 Lougheed Hwy. For families raising Aboriginal children ages 0-6 and those wanting to learn about Aboriginal culture. Enjoy snacks, activities, learning centers, crafts, (including culture/language) free play, and programming (Nobody's Perfect, Seven Sacred Teachings), field trips, parent info. **Program drop-in** runs Mon. Wed. and Fri. 10am -1pm. Parent sessions are held Tues. and Thurs. from 9-11am. Outreach is Mon. and Wed. from 1-3pm with an appointment. Program and office 604-820-4693 Free transportation available by program Bus, call cel phone 604-302-2566 for reserving a pick up time.  
<http://www.stolonation.bc.ca/mafip>

**StrongStart Centres:** All programs occur on school opening days. A free Family Literacy Program, for children ages 0-5 accompanied by an adult. Families are presented with opportunities to connect with other families, to the school and to their community.

**Cherry Hill** 32557 Best Ave. Tues/Thurs. 8:30-11:30am, Mon/Wed/Fri. 12-3pm.

**Windebank** 33570 11<sup>th</sup> Ave. Mon/Wed/Fri. 8:30-11:30am; Tues. 12-3pm.

**Mission Central** 7466 Welton St Mon/Wed/Fri 8:30-11:30am; Tues/Thurs 12-3pm.

**West Heights** 32065 Van Velzen Tues/Thurs 8:30-11:30am; Mon/Wed/Fri. 12-3pm

**Deroche** 10340 N. Deroche Road Mon/Wed/Fri. 8:30-11:30am.

**Silverdale** 29715 Donatelli Road Tues/Thurs 8:30-11:30am.

<http://www.mpsd.ca/programs/strongstart.aspx>

**Travelling Tree-House Drop In:** for ages 0-6, for playtime, crafts, circle time, songs, games or stories, Tues. from 9-11am at Mission Alliance Church across from the Abbey, 34203 Dewdney Trunk Rd. 604-826-3323

<http://missioncommunityservices.com/early-years>

## Resources and Supports for Parents and Caregivers:

**Baby's Best Chance:** Pregnancy outreach, counseling, nutritional and pre-natal info, supplements, vouchers and drop-in lunch 11:30am-2pm every other Thursday starting 33070 5th Ave. for info, call Chris or Amanda 604-820-8455.  
<http://saraforwomen.ca/services/> Email for more information  
[bccpops@saraforwomen.ca](mailto:bccpops@saraforwomen.ca)

**Big Brothers Big Sisters of the Fraser Valley** Building a child's future through the friendship and guidance of mentoring. Providing volunteer mentors to children through community based mentoring, in school mentoring and after school group mentoring programs. Phone 604-820-3337 or email Cassie at [cassie.silva@bigbrotherbigsisters.ca](mailto:cassie.silva@bigbrotherbigsisters.ca) or [www.mentoringworks.ca](http://www.mentoringworks.ca)

**Car Seat Safety Checks:** Please e-mail Holly for availability  
[Hollyhenry@shaw.ca](mailto:Hollyhenry@shaw.ca)

**Children Who Witness Abuse:** a place to share thoughts and feelings about abuse, while helping children to understand that abuse is never their fault. Builds self-esteem and teaches non-violent conflict resolution, 33070 5th Ave. 604-820-8455. <http://saraforwomen.ca/services/>



**Coaching Champions:** Group for parent and children 3 to 8, who are anxious and wanting to learn tools to help their young child cope and live a less worried life. Visit Child and Youth Mental Health on Tuesdays 9am-12pm or 1-4pm for information, 7466 Welton St. 604-820-4300

**Crisis Line:** toll-free 1-877-820-7444. "We are here to listen", provides referrals and support.

**FamilySmart (formerly The Force Society):** provides free peer support, mentorship and help finding resources for families with children with mental health challenges. Provides monthly networking sessions that provides a topic expert. Parent in residence 604-878-3400 <http://www.familysmart.ca/>

**Fraser Valley Child Development Centre:** Every question is important when it is regarding your child!! We specialize in child development and provide intervention and therapy for children birth to Kindergarten and family support in all areas of their development. Ask us if you have any questions. 604-852-2686 [www.fvcdc.org](http://www.fvcdc.org) Offering the CALM Curriculum®, connecting neuroscience, theory, research, positive psychology and intentional praxis to strengthen and support the social and emotional well-being and capabilities of children (birth to 7 years), parents/caregivers, child care providers, early childhood educators, schools and the community. Visit [www.connectwithcalm.ca](http://www.connectwithcalm.ca)

**"Know It"** 1:1 program for children and families whose parent has a mental illness; to register, please call 604-820-4300, and ask for a Child and Youth Mental Health Intake worker to refer you to this program.

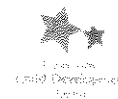
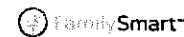
**Laundry and Diapers - why am I not loving this?:** A free monthly mother's group facilitated by a registered counsellor. A safe space to explore your feelings of motherhood and learn new parenting/coping skills. Located at 7327 Horne St. in the Mission Midwives building. Pre-registration is required and questions are always welcome call Cindy at 604-820-2424 or e-mail [missionmidwife@gmail.com](mailto:missionmidwife@gmail.com)

**Mission Environmental Stewardship Society:** "Junior Bug Club" offers a chance to kids ages 2-12 to make a difference in their community by becoming ambassadors for litter control. More online [www.messociety.org](http://www.messociety.org)

**Mental Health Services for children 0 to 6 years** Parent referral encouraged and self-referral walk ins available Tues. from 9am-12pm and 1-4pm. For more info call 604-820-4300 and ask for Child and Youth mental health intake 7364 Horne St.

**Mission Child Care Resource and Referral:** New location 32386 Fletcher Ave. as of May 28<sup>th</sup>. Supports **parents** through childcare information and referrals, assistance with child care subsidy applications and workshops. Supports **child care providers** through consultations, workshops, information, training, networking, toy and resource lending library. 604-826-6194 <http://www.childcarechoices.ca/main/Fraser+Valley/Mission/>

**Mission Health Unit:** Regular immunization clinics by appointment. Breastfeeding help 7 days a week and new born visits. Free fluoride varnishing for eligible children under 3. Drop-in speech clinics, last Thurs. of each month from 3-4:30pm. Assessments available for children under 5, phone for more information, 7298 Hurd. St. 604-814-5500. List of licensed Child Care Facilities



also available by calling 604-814-5516 <http://www.fraserhealth.ca/find-us/public-health-units/>

**Mission Hospice Society:** provides support with the loss of someone significant, including Circle of Friends for children. 32180 Hillcrest Ave, 826-2235 <http://www.missionhospice.bc.ca/>

**Mission Literacy in Motion:** New location room 219 in UFV building, 33700 Prentis Ave. MLIM provides Mother Goose, adult tutoring, tutor training and Reading Buddies for children; contact Candie at 604-820-2027 or for more info. [cloc@literacyinmission.org](mailto:cloc@literacyinmission.org) Visit website [www.literacyinmission.org](http://www.literacyinmission.org)

**Mission Maternity Clinic:** Clinic is now open! Call early as ultrasound appointments book up quickly. No referral is needed. 604-820-1021 1<sup>st</sup> floor 7298 Hurd Street

**Mission Midwifery:** 7327 Horne St. Woman centered low risk maternity care. Information about scope of practice, how the model of care works in BC and review place of birth place options. You decide which type of care meets your needs. MSP covered. 604-820-2424 <http://www.missionmidwifery.com/>

**Mission Transition House:** Crisis services and housing for women and their children. Call 604-826-7800. <http://saraforwomen.ca>

**Options for Sexual Health:** 604-814-5502, 1<sup>st</sup> floor, 7298 Hurd St. Ave Tues. 5-7pm. No referral necessary and free with MSP coverage. <https://www.optionsforsexualhealth.org/>

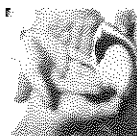
**SARA - previously Women's Resource Society Of the Fraser Valley:** Counseling, advocacy information, outreach services referrals, housing and support groups for women who have or are experiencing abuse in relationships. 33070 5<sup>th</sup> Ave., 604-820-8455, <http://saraforwomen.ca>

**Settlement and Integration Services:** 33179 2nd Ave. Meaningful programming to meet the needs of those new to Canada and Mission. Call 604-826-3634 for information. <http://missioncommunityservices.com/settlement>

**Shxwt'am:etsel (Sto:lo Nation Supported Child Development Program):** Provides supported child development service for Aboriginal children and families living in Mission. Family centered program working with children 0-12 who require support. Located at Pekk'xe:yles (St. Mary's), 34110 Lougheed, 604-820-6097. <http://www.stolonation.bc.ca/family-services>

**Supported Child Development- Mission Association for Community Living:** Working with families and childcare providers to enhance and support inclusive quality childcare. For children 0 to 12 who require extra support in a childcare setting. 33345 2<sup>nd</sup> Ave., 604-826-9080 ext. 280 [www.missionacl.org](http://www.missionacl.org)

**What's On:** Mission's up-to-date website of community events for all ages. <http://www.whatsonmission.ca/>



## Public Events in Mission:

**Mission City Farmers Market:** Every Saturday starting. May 5<sup>th</sup> to Oct. 6<sup>th</sup> with children's crafts, produce, baked goods, and other homemade products in the Leisure Centre parking lot. 604-302-5561 [www.missioncityfarmersmarket.com](http://www.missioncityfarmersmarket.com)

**Leisure Centre Open House:** May 5, 11am-3pm with workshops, demonstrations, displays, face painting, tours, skateboard competition and more

**Walk Mission:** May 6, June 3, June 17, July 15 meet at 8:55am for a one hour 3 to 3.5km walk starting at the Mission Leisure Centre Parking Lot.; July 22 Rolley Lake [www.mission.ca](http://www.mission.ca) 604-820-5350

**Envision Financial Twilight Concert Series:** every Wed and Fri evening 7-8pm, June 8 to Aug 31, at Fraser River Heritage Park bring a chair or blanket and listen to a variety of musical groups and performers.

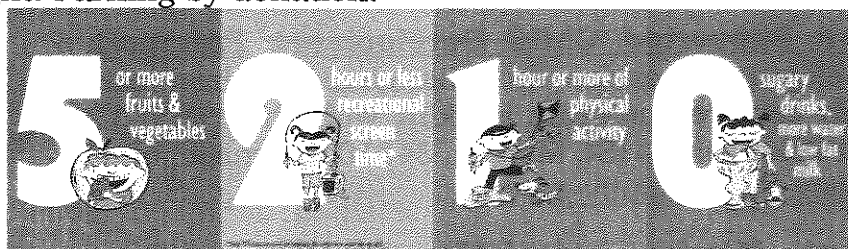
**Mission Arts Council Children's Festival** June 10<sup>th</sup> 10 am to 4pm at Fraser River Heritage Park, 7494 Mary St. with a circus theme, food trucks, arts, crafts. Parking by donation, minimum \$2.

**Old Car Sunday:** Sun. June 18<sup>th</sup> 9am to 5pm at Fraser River Heritage Park, 7494 Mary St. with the Lower Mainland's largest car display. Registration for show cars is \$10 early bird or \$15 at gate, admission is by donation for attendees.

**Soapbox Derby:** June 23, 10am Stave Lake Rd at 11 Watch the racers rush down Stave and finish just before 11<sup>th</sup> Ave. [www.missionsoapbox.com](http://www.missionsoapbox.com)

**Canada Day** July 1<sup>st</sup> 8am to 5pm at Fraser River Heritage Park, 7494 Mary St with loads of family entertainment, face painting, bouncy castles, magician, dog show, logger sports, food trucks, cake and more. Parking by donation. Enjoy the evening fireworks at at 10pm at a new location at the Mission Racetrack, 32670 Dyke Rd. across from the Junction. Entry is free after 8:30pm

**Prospera Cinema Under the Stars:** An outdoor children's movie will be shown on Aug. 11th at dusk at Fraser River Heritage Park. Bring a blanket and snacks and enjoy the night. Parking by donation.



**Live 5-2-1-0 with Play Boxes:** Unlock the fun play equipment in boxes at 4 parks in Mission: Fraser River Heritage Park, Kinsmen West Park, Centennial Park and Lightburn Park. Register with the Leisure Centre at 604-820-5350 to access the code.

