## MISSION Community Services Society

33179 2<sup>nd</sup> Avenue, Mission, BC. V2V 1J9 P: 604.826.3634 F: 604.820.0634 E: info@missioncommunityservices.com

FREE Group Program

## **Connect Parent Group**

Are you a parent or caregiver of an 11-16 year old?

Is everything a battle?

Feel like what you say doesn't matter?



Come out and learn about CONNECT© An Attachment-Based Perspective on Parenting

Where? Mission Community Services 33179 2<sup>nd</sup> Ave.
When? Tuesdays from 6:30pm-8:00pm (dinner at 6pm), April 2 – June 4, 2019

- Dinner Provided
- Childcare Provided

To pre-register for Connect Parenting, please contact

Mission Community Services, 604 826-3634

Goals: -To understand your teen's development and behaviour from an attachment perspective

-To develop awareness of relationship issues and patterns

-To learn new skills that strengthen your relationship with your teen and consider new options in parenting

> Limited Seating

## Helping People | Changing Lives | Building Community

www.missioncommunityservices.com